City Actions to Tackle Extreme Heat

COMMUNICATION

Extreme Heat Risk Project

BEBRIT

Creating a Heat Safe City

Participate Melbourne is the City of Melbourne's community engagement and neighbourhood website. The aim is for citizens to share ideas and experience to help shape decisions. One of their projects is to create a Heat Safe City. In Melbourne, they help communities by providing Cool Places Maps, a Cool Routes for Cooler



Shape Melbourne's future Sign up to shape future plans for your neighbourhood

Heat Stress is NOT Limited to Heatwaves

Effectively communicating to the public that heat stress can occur even outside of heatwaves is crucial for enhancing awareness and promoting safety measures. Heat stress affects individuals in various environments. Factors like high humidity, physical exertion, and inadequate hydration can lead to heatrelated illnesses. Recognizing symptoms early and taking

Travel Paths Tool, Urban Forest Planning to increase shade and reduce heat and implementing a Heatwave Response Plan. They promote the development of Neighbourhood Resilience Assessments and Plans to meet community needs and priorities.

preventive measures, such as staying cool and hydrated, are crucial for managing heat stress year-round.

Scaling-Up Early Warning Systems

According to the IPCC, Heat Action Plans which include early warning and response systems are effective adaptation options for extreme heat. The global scale-up of Heat-Health-Warning Systems for 57 countries alone has the potential to save 98, 314 live per year (WHO, 2024).

Start Early with Primary School Education

Red Cross Flanders in Belgium made a teaching package especially for the students of the third grade of primary education. It provides insight into: How bodies reacts to heat; What problems may



Check on family and neighbors who may be more vulnerable to heat.



requent breaks

to cool off.

NEVER leave babies, young children, or People who work outside should take pets in a parked car, even with the window rolled down. Not even for a minute! Everyone, Cars can get dangerously hot in seconds! take a break!

Launching Competitions

In the US, The Environmental Protection Agency held the Let's Talk About Heat Challenge to identify innovative and effective communication strategies. Winning strategies included dedicated webpages, short films, curriculum for Latino farmworkers, public service announcements (English & Spanish), toolkits, maps, E-learning courses, animated videos, online comic strips, handouts, flyers, story maps, social media toolkits, training courses, brochures, research projects, online flipbooks and webinars

Naming Heatwaves

Seville became the first city in the world to start naming and classifying heatwaves in July 2022 with Heatwave Zoe and Heatwave Yago in June 2023. The pilot project was developed by the Adrienne Arsht-Rockefeller Foundation Resilience Centre in collaboration with the University of Seville and the City of Seville. It has three categories and will alert the population up to five days in advance of a heat event. A key rationale behind proMETEO Sevilla is that it will link weather forecasts to health warnings.

Appointing a Chief Heat Officer

The Arsht-Rock Foundation piloted the world's first Chief Heat Officer (CHO) positions in 2021 and there are now CHO's in Melbourne (Australia), Miami-Dade County (Florida, US), Athens (Greece), Freetown (Sierra Leone), Dhaka (Bangladesh) and Santiago (Chile). In June 2024, Eleni Myrivili became the first global CHO through a joint appointment by UN-Habitat and Arsht-Rock. CHO's are appointed by local officials who have made heat action a priority for their city. Appointing a CHO helps unify responses on extreme heat preparedness and recovery through coordinating dispersed efforts within and outside city government.

Developing Heat Communication Guides

South Asia promotes the development of a Heat Communication Guide as part of Heat Action Plans for cities (Sen et al., 2022). Effective heat communication involves multiple stakeholders, including government, civil society, climate experts, meteorologists, the private sector, and the public. Collaboration is essential to ensure the information is actionable and reaches all city inhabitants, particularly marginalized and underserved groups exposed to extreme heat (ADB, 2017).

arise and How best to prevent them. The students also learn what Red Cross-Flanders is doing to help people during a heatwave.

Hittego Een gloeiende natuurramp Lespakket voor de leerling

Jeugd Rode Kruis Rode Kruit

Using Art to Communicate Heat Risk

Giant-sized fried egg sculptures dotted around Sao Paulo warn of heat risk, just as Brazil's largest city is bracing for a heatwave that could see temperatures reach a seasonal record.



Campaigning and Advocacy

Sweltering Cities, founded in 2020 is Australia's only campaign and advocacy organisation working on extreme heat. They work directly with communities in Sydney and **Melbourne**. Their work is at the intersection of climate justice, inequality and health. They run campaigns driven by community need and informed by research.



BUSTED BUS STOPS Deadly temperatures in Sydney's suburbs mean that catching the bus on a hot day can be dangerous. In ome of the hottest suburbs only a quarter of bus stops

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WE'RE BURNING UP

emergency strategies to cope with record temperatures.

FIND OUT MORE

Heatwaves are a silent killer. We need better heatwave

Hot suburbs mean higher electricity bills, more heatwave deaths and a blistering environment. There are simple ways to cool our suburbs and our homes. Let's act now

| Ins and our nomes. | Let's act now. |
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| ID OUT MORE | |



HEATWAVE SAFE HOME

Everyone deserves to live in a safe home that protects them during heatwaves. We need to change the rules so renters can make simple updates for cooling.

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Brussels Centre for Urban Studies



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